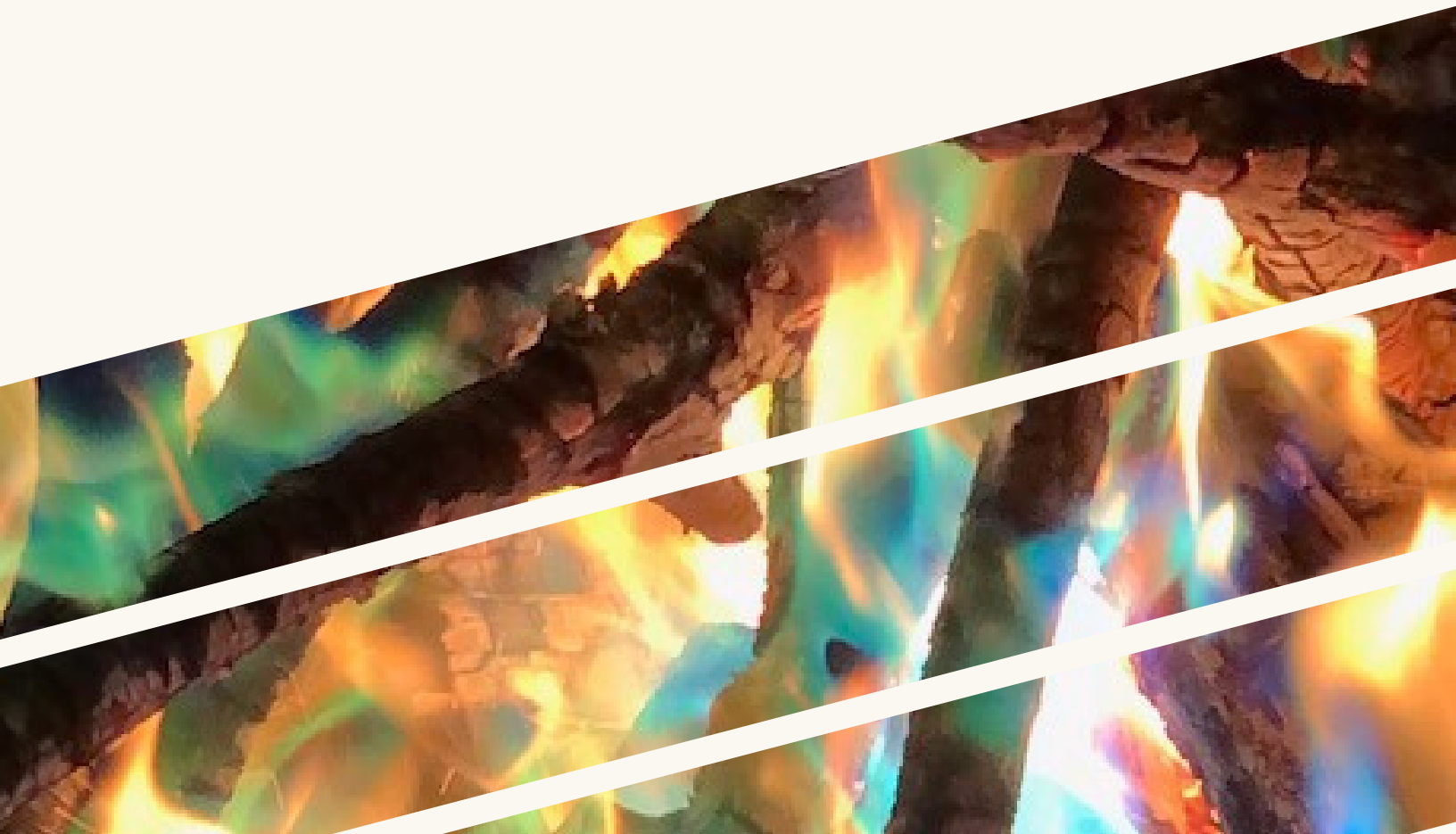




Shamanic
Heart Healing
Center

FIRE CEREMONY



Contact Kari Ashenwey: kari@shhcenter.com | 603.418.5425

Website: www.shhcenter.com

ABOUT

Fire ceremonies have been practiced by indigenous people around the world for thousands of years. It is an opportunity for you to bring your prayers (intentions for healing) to the fire and allow an easy passage for something you would like to bring into your life or something in which you would like to transform or release. This will be done via a chant that you will be taught and will be repeated throughout the ceremony by all attendees in the group.

Although this is done in the support of a group, it is a personal ceremony. This gathering is open to anyone who is interested (friends, family, neighbors that you wish to bring along). Kids must be of age to stay for the whole ceremony, as the circle cannot be broken once we begin.

There is a two-week period following the ceremony in which “instances of opportunity” appear. These “instances” provide the opportunity to translate your intention for healing into reality. You are advised to think of the fire ceremony not as an instantaneous magical change, but rather an opening for healing distinctive habits and patterns. Recognize this “opening” and seize the opportunity to change your behavior in the real world. Then let the universe take care of the details.

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FAQS

- Ceremony will be held regardless of the weather.
- Please dress appropriately - comfortable clothing (dark colors) preferred.
- Bring a small twig or stick. If you do not come with one, one will be provided.
- Optional: bring any burnable items that you wish to offer in gratitude (e.g. flowers from your yard).

If you have any of the following, please bring:

- A rattle or drum for yourself, and extras if you have any to share with those who might not have one. I will provide some as well.
- Any sacred or special object that you wish to have on you.

Please contact me to answer any additional questions you might have.